



A **Paid Internship Program** is available to job seekers served by Tri-Counties Regional Center who want to work full- or part-time, become self-employed, or develop skills as an apprentice. There are five main requirements for the internship program:

- 1) The intern must earn at least minimum wage and make the same amount of money that other employees make doing the same job.
- 2) The intern must be doing an individual job and be included in community and/ or worksite activities to the same extent as individuals without disabilities.
- 3) The internship must help the intern reach one of the goals that were chosen during the planning meeting with the service coordinator.
- 4) The goal of the internship may be to get hired at the internship site or to get work experience that will increase opportunities for future employment.
- 5) The total funding available for each internship is up to \$10,400 (ten thousand and four hundred dollars) per year. These funds cover individual wages and include any other employer costs.

PAID INTERNSHIP PROGRAM *Up to \$10,400 per Year*

How Do I Get Started?

- 1) Contact your TCRC Service Coordinator and say you want to have a Planning Team Meeting to talk about doing an internship. Tell your service coordinator WHO you would like to have with you at your meeting.
- 2) Prepare for the meeting by thinking about what kind of work you would like to do. Consider your skills, experiences and interests as well as whether you think you will need job support to be successful.

***Earn Money
to Live the Way
You Choose***

Start Your Own Business

***Learn a Trade
or Develop Your Skills***

***Develop meaningful
relationships
with Co-workers***

***Find Out what Type of Work
Makes You Happy***

San Luis Obispo County

Atascadero

7305 Morro Rd., Suite 101
Atascadero, CA 93422

(805) 461-7402 *phone*

(805) 461-9479 *fax*

Parents Helping Parents FRC

(805) 461-7415 *phone*

San Luis Obispo

3450 Broad St., Suite 111
San Luis Obispo, CA 93401

(800) 456-4153 *toll free*

(805) 543-2833 *phone*

(805) 543-8725 *fax*

Parents Helping Parents FRC

(805) 543-3277 *phone*

Santa Barbara County

Santa Barbara

520 East Montecito St.
Santa Barbara, CA 93103

(800) 322-6994 *toll free*

(805) 962-7881 *phone*

(805) 884-7229 *fax*

Alpha Resource Center

(805) 683-2145 *phone*

Santa Maria

1234 Fairway Dr., Suite A
Santa Maria, CA 93455

(800) 266-9071 *toll free*

(805) 922-4640 *phone*

(805) 922-4350 *fax*

Alpha Resource Center

(805) 347-2775 *phone*

Ventura County

Oxnard

2401 E. Gonzales Rd., Ste 100
Oxnard, CA 93036

(800) 664-3177 *toll free*

(805) 485-3177 *phone*

(805) 988-9521 *fax*

Rainbow Connection FRC

(805) 485-9643 *phone*

Simi Valley

2635 Park Center Dr., Ste A
Simi Valley, CA 93065

(800) 517-2524 *toll free*

(805) 522-8030 *phone*

(805) 522-8142 *fax*

Rainbow Connection FRC

(805) 823-2325 *phone*



**Tri-Counties
Regional Center**

Person Centered in All We Do

Mission: TCRC provides person and family centered planning, services and supports for individuals with developmental disabilities to maximize opportunities and choices for living, working, learning and recreating in the community.