

Maribel Palacios
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Social Emotional Support YouTube Videos

1. Things To Do During Quarantine:
<https://youtu.be/tWrGzfzPmSQ>
2. Setting Goals with Intention
<https://youtu.be/A1ZbdqO25Pc>
3. Community College Vs. University: Pros & Cons
<https://youtu.be/hLq6kgAhvNY>
4. Skills, Habits, and Tips for Successful Students
<https://youtu.be/UbFhq83wRwl>
5. Merced Adult School Orientation
<https://youtu.be/qv8gY5h5Bt4>
6. Orientacion de Merced Adult School
<https://youtu.be/8wJt8KBBk58>
7. Coping Skills for a Health Mind and Body
<https://youtu.be/8fB7wrYNUll>
8. Tips to Value Your Time
<https://youtu.be/A5MtbDKLKVw>
9. Thinking Critically
<https://youtu.be/UAOmoYo4YMc>
10. Communicating Effectively: Personally and Professionally
<https://youtu.be/TAMTzx9F29s>

11. Grief: Understanding and Coping with Loss

https://youtu.be/y_BIXUDv5y0

12. Tips on How to Communicate Effectively

<https://youtu.be/vXN4QnOtwYI>

13. Traits and Skills of an Influential Leader

<https://youtu.be/ARrqsGxQAI0>

14. Identifying and Establishing Healthy Relationships

<https://youtu.be/1cWz7-sMETc>

15. Making Empathy a Habit in Our Daily Lives

<https://youtu.be/WftQgo9OhPM>